

ANTI-BULLYING PLAN - 2021

Prairiewood High School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Prairiewood High School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	Behaviour code for students and SRL (Safe, Respectful, Learner) matrix
Term 1 - 4	Safe, Respectful Learner message in SRL Lessons, whole-school assemblies and year meetings
Term 1	Year 7 Peer Support Program with Anti-Bullying Focus within the 'Jump into PHS' transition program
Term 1 - 4	'Day 10' Wellbeing Curriculum - Respectful Relationships, Help-seeking strategies, holistic health literacy

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1	Whole school PL on Anti-Bullying Plan and Guidelines facilitated through Wellbeing Team
Term 1- 3 SDD	Wellbeing and/or SRL PL session supporting positive behaviour for learning
Term 1 - 4	Targeted and/or whole-school PL on a range of Student Wellbeing related topics
Term 1 - 2	Beginning Teacher Induction Program supporting positive wellbeing

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

- New and casual staff are issued with the PHS Student Wellbeing Policy and the Prairiewood High School Staff Handbook which identifies the school and DoE response to prevent and respond to bullying
- An executive staff member speaks to new when they enter on duty at the school as part of our induction program
- Beginning Teachers complete an Induction Program throughout the year
- PHS Anti-Bullying Plan and Guidelines uploaded to a variety of media platforms for access; including the school website

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- ☒ School Anti-bullying Plan ☒ NSW Anti-bullying website ☒ Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Term 1	P&C Meeting communicating our Anti-Bullying Plan and the school's support strategies
Term 1 - 4	School website, school Facebook and/or school newsletter - communicating the school's wellbeing support strategies
Term 1 - 4	Cultural inclusion programs - regular wellbeing topics communicated with parents/community. Face t face meetings occur when COVID rules permit

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

PHS has a whole-school emphasis on developing a positive learning environment, characterised by respect, through the Positive Behaviour for Learning framework. Students are further supported, through welfare programs, to develop resilience and positive mental health and wellbeing. Students participate in SRL lessons which focus on building understanding of behaviour expectations in school and online settings, social skills and positive relationships. The PHS Anti-Bullying Hand is a strategy for students to respond to bullying behaviour and is explained to students each year. PHS provides programs to recognise the value of diversity, the importance of positive and respectful relationships, and the harmful impacts of bullying behaviour. The school has a Wellbeing Hub and targeted intervention programs and case management support is provided through this strategy. In 2021, the school has implemented a timetabled Wellbeing curriculum to further support students in year's 7 to 10. A range of Wellbeing and discipline strategies will be implemented in response to incidents of serious bullying. These align to the NSW DoE Bullying of Students - Prevention and Response Policy and the DoE Suspension & Expulsion procedures. The school works in positive partnerships with parents/carers and the NSW Police. The Police Youth Liaison Officer delivers anti-bullying presentations of support to year groups and will meet with students and parents/carers when referred by the school or if requested by a student or parent.

Completed by: Kylie Bond, Karen Hernandez, Lynne Marlow

Position: Head Teacher Wellbeing

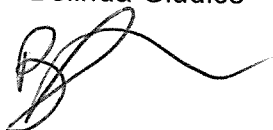
Signature:



Date: 27/1/2021

Principal name: Belinda Giudice

Signature:



Date: 27/1/2021