

FROM THE WELLBEING HUB:

LESSON 1: WHAT STUDENTS NEED TO KNOW ABOUT THE CORONAVIRUS.

READ THE COMIC AND ANSWER THE QUESTIONS THAT FOLLOW.

Just For Kids: A Comic Exploring The New Coronavirus

February 28, 2020 5:04 AM ET
Heard on [Morning Edition](#)



[Malaka Gharib](#)

Updated on March 16 at 1:56 p.m. ET

Kids, this comic is for you.

It's based on a radio story that NPR education reporter Cory Turner did. He asked some experts what kids might want to know about the new coronavirus discovered in China.

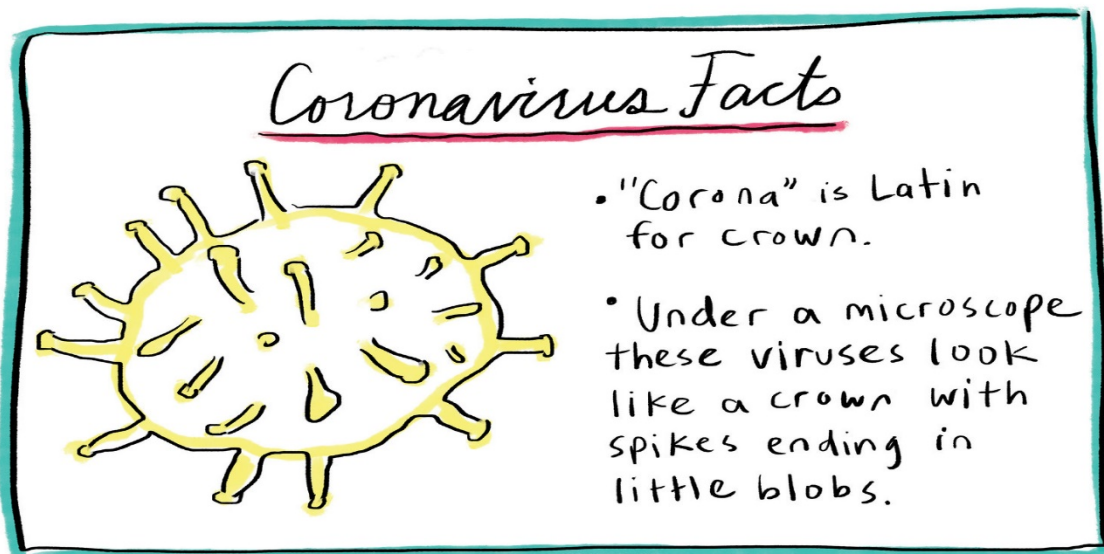
To make this comic, we've used his interviews with [Tara Powell](#) at the University of Illinois School of Social Work, [Joy Osofsky](#) at the LSU Health Sciences Center in New Orleans and [Krystal Lewis](#) at the National Institute of Mental Health.

It's a word you might have heard
at school or online or on T.V.



This coronavirus is a newly
discovered virus. It causes a disease
called COVID-19.

In some parts of the world it has
made lots of people sick.



A lot of the symptoms are similar to the **flu** (which you might have had before!)



Dry, itchy cough



Fever



Kinda hard to breathe

Most people who have gotten sick with this coronavirus have had a **mild** case.

And there aren't a lot of cases in **kids**. If kids do get the virus, it tends to be **very mild**.

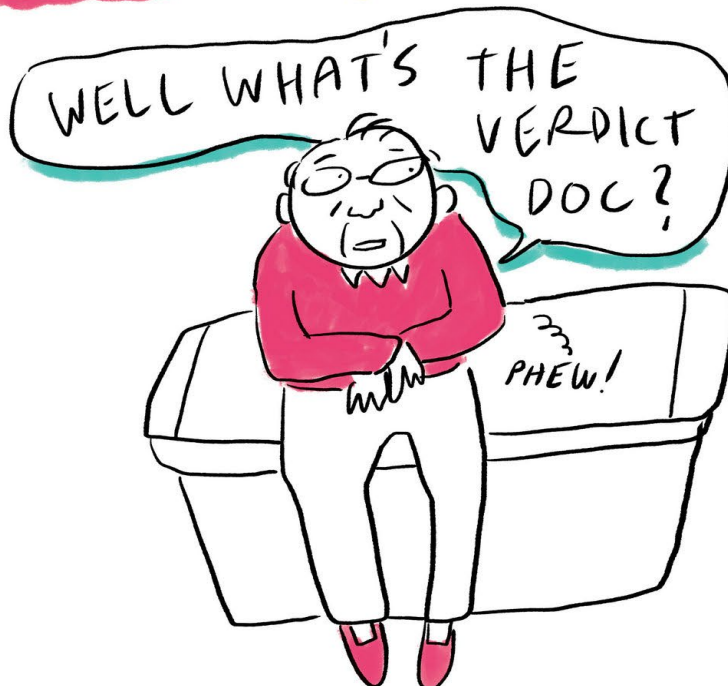


People who are **much older** or who already have **health problems** are more likely to get sicker with coronavirus.



WHAT ABOUT
DAD AND MOM
AND GRANDPA
AND GRANDMA
AND UNCLE AND
AUNTIE !!!

If anyone gets sick and feels like they might have coronavirus, they can **immediately** call their doctors and **get help**.



If there's anything you might be confused or worried about, don't be afraid to ask someone you TRUST.



There are some things you can do to protect yourself, family and friends from getting sick.

① WASH YOUR HANDS OFTEN

- ★ USE SOAP AND WATER
- ★ WASH FOR AT LEAST 20 SECONDS. IF IT HELPS, SING THE ABC'S WHILE YOU DO IT—THAT'S ABOUT 20 SECONDS.
- ★ WASH AFTER USING THE BATHROOM OR BEING IN PUBLIC SPACES (LIKE THE BUS OR PLAYGROUND).
- ★ TRY TO GET INTO ALL THE NOOKS + CRANNIES!



(2) SNEEZE INTO YOUR ELBOWS

★ CORONAVIRUS IS BELIEVED TO SPREAD THROUGH LITTLE DROPLETS OF FLUID FROM YOUR LUNGS.

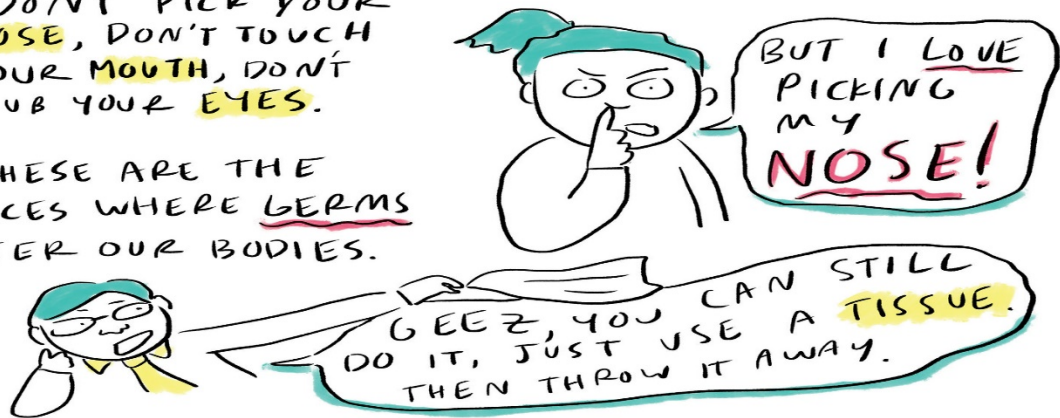
★ IF YOU SNEEZE INTO YOUR ELBOWS, YOU CAN PREVENT GERMS FROM GOING INTO THE AIR AND ONTO YOUR HANDS.



(3) AVOID TOUCHING YOUR FACE

★ DON'T PICK YOUR NOSE, DON'T TOUCH YOUR MOUTH, DON'T RUB YOUR EYES.

★ THESE ARE THE PLACES WHERE GERMS ENTER OUR BODIES.



It's very important to remember that this kind of virus can affect

ANYBODY.

It doesn't matter where you come from or what country your parents are from.



Just because someone looks different or talks differently doesn't mean that they are at a higher risk of getting the coronavirus or spreading it.

AND DON'T FORGET!

There are a LOT of helpers out there who are working to protect you. It is NOT your job to worry.



But seriously, though...
PLEASE wash your hands!!!

QUESTIONS:

1. WHAT IS ANOTHER NAME FOR THE CORONAVIRUS? _____

2. WHY WAS THE NAME CORONA CHOSEN FOR THE VIRUS? _____

3. WHAT ARE THREE SYMPTOMS OF THE VIRUS? _____

4. WHO IS MOST AT RISK IN SOCIETY OF GETTING SICK FROM THE
CORONAVIRUS? _____

5. WHAT ARE THREE THINGS YOU CAN DO TO PROTECT YOURSELF FROM
GETTING SICK? _____

6. HOW LONG SHOULD YOU WASH YOUR HANDS FOR? _____

7. WHEN SHOULD YOU WASH YOUR HANDS? _____

8. WHY SHOULD YOU SNEEZE INTO YOUR ELBOWS? _____

9. WHO CAN THIS VIRUS AFFECT? _____
10. WHO IS WORKING TO PROTECT YOU? _____
