**COVID-19 Information and Resources**

NSW health website: <https://www.health.nsw.gov.au/Infectious/diseases/Pages/coronavirus.aspx>

Department of health: <https://www.health.gov.au/resources/collections/novel-coronavirus-2019-ncov-resources>

NSW Department of Education advice: <https://education.nsw.gov.au/public-schools/school-safety/novel-coronavirus>

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| Resource | Audience | File | Source |
| Social script –  *Coronavirus- Covid-19* | Children with ID and/or ASD  Primary school |  | South Australia TBC |
| Social story-  *My Story About Pandemics and the Coronavirus* | Children including special needs | [https://carolgraysocialstories.com/wp-](https://carolgraysocialstories.com/wp-content/uploads/2020/03/Pandemics-and-the-Coronavirus.pdf) | Carol Gray  [carolgraysocialstories.com/](https://carolgraysocialstories.com/) |
| Booklet –  *My name is coronavirus* | Children |  | Manuela Molina [www.mindheart.co](http://www.mindheart.co) |
| Various E-books  [Not corona specific but for various natural disasters including flu] | Children with and without ASD | <https://littlepuddins.ie/coronavirus-social-story/> | Little Puddin- The Autism Educator  [littlepuddins.ie/](https://littlepuddins.ie/) |
| Booklet/ social script on coronavirus with cartoons | Older children/ teens |  | Victoria TBC |
| Info sheet/ Newsletter=-  *How to cope with the stress related to novel coronavirus* | Young people |  | Headspace  [headspace.org.au](https://headspace.org.au) |
| Website/article –  *How to cope with Stress related to Covid-19* | Young people | <https://headspace.org.au/young-people/how-to-cope-with-stress-related-to-covid-19/> |
| Website article-  *10 ways to take care of yourself during coronavirus* | Young people | https://au.reachout.com/articles/10-ways-to-take-care-of-yourself-during-coronavirus | Reach Out  https://au.reachout.com |
| Information sheet –  *Tips for coping with coronavirus anxiety* | Adults & parents of children | <https://www.psychology.org.au/getmedia/38073179-4701-48bd-afd9-988c560ee2f9/20APS-IS-COVID-19-P1.pdf> | Australian Psychological Society  [www.psychology.org.au](http://www.psychology.org.au) |
| Information sheet –  *Maintaining your mental health during social isolation* | Adults & parents of children | https://www.psychology.org.au/getmedia/d7cb8abd-3192-4b8f-a245-ace9b8ef44d5/20APS-IS-COVID-19-Isolation-P1.pdf |
| Website article –  *How to talk to your children about coronavirus* | Parents of children | <https://www.unicef.org.au/blog/news-and-insights/march-2020/how-to-talk-to-your-children-about-coronavirus> | UNICEF  [www.unicef.org.au](http://www.unicef.org.au) |
| Easy Read Information Booklet-  *Staying safe from Coronavirus* | People with Intellectual Disability | <https://cid.org.au/wp-content/uploads/2020/03/Staying-safe-from-Coronavirus-council-intllectual-disability-Mar2020.pdf> | Council for Intellectual Disability  [www.cid.org.au](http://www.cid.org.au) |