



PRAIRIEWOOD
HIGH SCHOOL

Wellbeing Week 2021 - Students

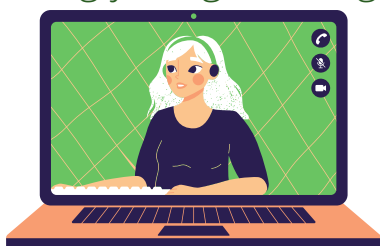
Monday 11th October Period 3

Years 7 - 9

Complete activities that appeal to you - these will be posted to your Year Group Google Classroom

Year 10

Join online session
'Finding your groove again'



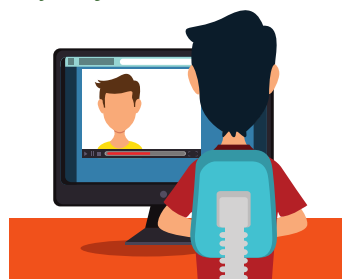
Click on the picture to join! Session starts at 10:30am

Tuesday 12th October Period 5

Years 7 - 10

Join online session
'Mpower - Become the MC'

*This will connect creativity and culture
to find your voice as an MC*



Click on the picture to join! Session starts at 2pm

Wednesday 13th October Period 5

Years 7 - 10

Join online session with Headspace
'Let's talk about it - Mental Health'

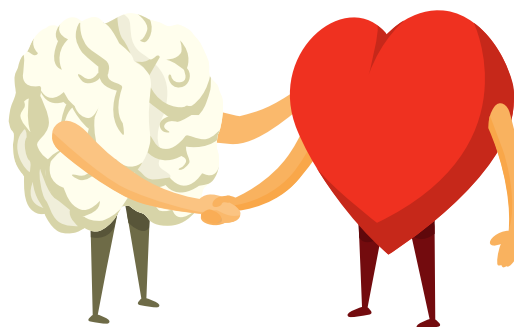


Click on the picture to join! Session starts at 2pm

Thursday 14th October Period 5

Years 7 - 10

Join online session
'Kids Helpline @ High School -
Emotional Intelligence'



Click on the picture to join! Session starts at 2pm

Friday 15th October Wellbeing Friday B

Year Meetings & Wellbeing Lessons
Information will be posted to your
Year Group Google Classroom